Ms. Sonja Rondestvedt, Principal Ms. Rosa Fazio, Acting Vice-Principal (604) 713 5441 I srondestvedt@vsb.bc.ca I www.hudson.vsb.bc.ca (604) 713-5441 I rfazio@vsb.bc.ca I www.hudson.vsb.bc.ca

## **Admin Team Message**

I would like to take a moment to thank the Hudson community for all their kind wishes while I was off on leave. I am grateful to all the retired administrators who stepped in during my absence and kept Hudson running smoothly. Ms. Gill continues to be on leave, and we have Ms. Rosa Fazio in twice a week until spring break. The PAC has undertaken a big fundraising push since September. They have held several events in the fall, including the Winter Fair and online auction. Not including November and December direct donations, they have raised a total of about \$192,000 so far towards the construction of a new playground! Please check out the Hudson PAC website for more updates <a href="https://hudsonpac.ca/">https://hudsonpac.ca/</a>

February 2024							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Black History Month							
						0	
2	3	4	5	6	Lollipop Order	8	
					Cut-off		
9	10	11	12	13		15	
				Lollipop Delivery	ProD Day Students not in		
				Kindergarten Hearing Tests	attendance		
				@9:15am	Valentine's Day		
16	17 Family Day	18	19 Pizza Order	20 PAC Meeting	21 PAC Trivia Night	22	
	School is Closed		Cut-off	6:30pm in the	7pm at Kits Beach		
				library	Coffee		
23	24	25	26 Pink Shirt Day	27	28		
			Pizza Day				
			4				

## **Black History Month**

Every February, people across Canada participate in Black History Month events and festivities that honour the legacy of Black people in Canada and their communities. The month of February gives us all the chance to celebrate the diversity and achievements of Black people in Canada. However, it is also a time to reflect on Canada's painful history and the distinct challenges that Black people in Canada continue to face in their daily lives, such as systemic barriers, racism and discrimination.

The 2025 theme for Black History Month is: "Black Legacy and Leadership: Celebrating Canadian History and Uplifting Future Generations."

#### Weather-Related School Closures

VSB has procedures in place for when severe weather, like heavy snowfall or extremely high winds, may affect schools. During severe weather events, all schools in the Vancouver School District will remain open, if possible. If a District-wide closure is necessary, that will be decided and publicized by <u>6:30 a.m.</u> District-wide school closures will be announced through the media, the <u>District website</u>, school websites and our social media channels.

Follow our socials for updates: Facebook: Vancouver School Board

Instagram: @vsb39

X: @vsb39

VSB website: vsb.bc.ca

## **Basketball**

The basketball season has officially kicked off! We are grateful to all our teacher coaches, as well as parent volunteers for all their time and support of this athletic program.

For **Senior Teams** (Grade 7), practices are held after school on Mondays and before school on Tuesdays. Senior teams will also compete in the basketball league, with **Boys' games** scheduled after school on Wednesdays and **Girls' games** on Thursdays after school.

For **Junior Teams** (Grades 4-7), practices take place after school on Tuesdays and before school on Fridays. These sessions, which focus on skill development and having fun, will include both practices and scrimmages, all held in our school gym. <u>Currently we have reached our maximum capacity for juniors.</u>

## **Chupa Chups Lollipops for Chess Fundraiser**

Our Chess Club is raising funds to purchase a collection of new chess sets. All Chupa Chups (nut free lollipops) purchased will be delivered to classrooms on Thursday February 13th. Lollipops can be purchased through SchoolCash Online for \$1 per lollipop until **Friday, February 7th**. Thank you for your support!

## **Parent/Guardian Visitors**

Just a reminder to parents/guardians to please sign-in at the office when on-site at Hudson. If you need to drop something off for your child, please leave it at the office and office staff will get it to your child.

## **Pink Shirt Day**

In 2007 in Nova Scotia, Grade 12 students David Shepherd, Travis Price and a few friends saw that a Grade 9 student was being bullied for wearing a pink shirt on the first day of school. They knew they had to do something to show that this kind of behaviour was not OK. They decided to go out and buy a bunch of pink shirts and hand them out to other students to wear. By the end of that week, most of the students in the school were wearing pink shirts to show support for the Grade 9 student who was bullied. On <a href="Wednesday, February 26th">Wednesday, February 26th</a> students throughout Canada will come together to celebrate Pink Shirt Day. Students will learn about conflict vs. bullying and other anti-bullying messages. Please celebrate by wearing an article of pink clothing!

### **Club Schedule**

	12:10-12:33pm	12:33-12:55pm	
Monday		Dungeons & Dragons in Library	
Tuesday	Quiet Club in Room 132 (Everyone Welcome)		
Wednesday			
Thursday	Diversity Club in Room 210 (Intermediate)		
Friday	Board Game Club in Room 132 (Everyone Welcome)		
	Art Club in Room 133 (Intermediate)	Art Club in Room 133 (Primary)	

## **Parent Advisory Council Information**

# **PAC Meeting**

The next Parent Advisory Council meeting will be on **Thursday, February 20 at 6:30pm** in-person in the library. All Hudson parents/guardians are welcome! Please check the PAC website for more information on updates. <a href="https://doi.org/10.2007/journal.com/">https://doi.org/10.2007/journal.com/</a>

# **PAC Trivia Night**

**Attention Henry Hudson Families!** 

Come start the weekend off with Hudson PAC Trivia Night at Kits Beach Coffee on Friday, February 21st at 7 PM. Cover charge is \$20 per person, and 50% goes to the Hudson PAC fundraising campaign. Adults can sign up as an individual or as a team of four via the PAC email at <a href="https://hudsonpac@gmail.com">hudsonpac@gmail.com</a> Drinks and food are available for purchase on-site the night of the event.

# FREE Parent, Guardian and Caregiver Sessions on Substance Use Prevention, Part 2: Mental Health & Decision

The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson, will host three, free virtual sessions for parents, guardians and caregivers that will focus on practical skills you can teach your child and youth (ages 0-19) to prevent substance use and mental health needs. These sessions will build on a previous presentation, which focused on practical conversation tools for speaking about substance use prevention with your children/youth. The <u>previous session</u> is not a pre-requisite for this session.

#### **Key takeaways for participants during this session:**

- Learn the factors that lead to substance use and mental health needs from a trauma-informed lens
- Focus on prevention rather than intervention/response
- Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
- Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of parents, guardians and caregivers

#### Participants <u>must</u> register in advance. Session dates are:

- February 20, 6:00-7:30 pm PST
- February 25, 6:00-7:30 pm PST
- February 26, 6:00-7:30 pm PST